

# Indiana Public Assistance Programs

**My Healthy Baby Program** My Healthy Baby connects pregnant women to family support providers in their own community. A family support provider offers free, personalized guidance and support to the woman during her pregnancy and for at least the first 12 months after her baby's birth.

My Healthy Baby is a collaboration between the [Indiana Department of Health](#), the [Indiana Family and Social Services Administration](#) (FSSA) and the [Indiana Department of Child Services](#) (DCS). This initiative is building a network of services and support to wrap our arms around moms and babies to create healthier outcomes for both. It was established by House Enrolled Act 1007, which was signed into law by Gov. Eric Holcomb in 2019.

Our Helpline Specialists offer information and referral assistance on a variety of topics, such as:

- Women, Infants, & Children (WIC) Program
- Infant Health Programs (Safe Sleep, Baby & Me Tobacco Free)
- Educational Resources
- Local Primary Care Providers
- Obstetricians & Gynecologists (OB/GYN)
- Pediatricians & Dentists

Certified navigators who can assist callers applying for benefits such as:

Medicaid

- Hoosier Healthwise (HHW)
- Children's Health Insurance Plan (CHIP)
- Healthy Indiana Plan (HIP) 2.0
- Supplemental Nutrition Assistance Program (SNAP)

**Children's Special Health Care Services** - Offering to help pay for bills and debts that are from the treatment related to their child's condition, this supplemental health care program will assist Indiana single moms with children that suffer from chronic, serious medical conditions. **800-475-1355**

**Indiana Child Care and Development Fund** (CCDF)\*\*The state will pay for a portion of your child care costs as long as you are a single mom or a family that is currently working or enrolled in school. **800-299-1627** for more information.

**Healthy Indiana Plan** (HIP). Destined for uninsured Hoosier adults and single moms between the ages of 19-64, HIP is a health insurance plan that provides services that include a basic commercial health care benefit package once a patient's annual medical costs exceed \$1,100.

Also, the plan participants can receive coverage for preventive services up to \$500 a year at no cost this being a great plan to help with medical bills and debt. **877-438-4479**

**Hoosier Healthwise** Single moms, pregnant women, children, and low income parents/caretakers can receive health insurance in Indiana from the Hoosier Healthwise benefit program. Indiana families enrolled in the program can receive health care at little or no cost. A doctor needs to be chosen by the enrolled member where they can get regular checkups and health care for illnesses. As part of the Hoosier Healthwise Program, other health needs such as dental care, prescriptions, vision care, family planning services, and mental health services are also available. **800-403-0864** for more information on eligibility and benefits.

**Indiana Diaper Banks:** The National Diaper Bank Network (NDBN) connects and supports more than 225 community-based diaper banks that collect, store and distribute free diapers to struggling families. The Network serves nearly 280,000 children throughout the country each month. Indiana Diaper Bank locations include:

- Bloomington – All-Options Pregnancy Resource Center
- Fort Wayne – The Shepherd’s Hand Community Outreach Center
- Fort Wayne – Healthier Moms and Babies Inc.
- Hammond – Franciscan Health Diaper Depot
- Indianapolis – Indiana Diaper Bank (16 locations)
- Merrillville – Diaper Resource Center at Food Bank of Northwest Indiana
- Muncie – The Diaper Bank of East Central Indiana
- Terre Haute – Covered With Love, Inc.
- New Whiteland – Indiana Diaper Source
- Liberty – Community Care in Union County, Inc.
- Frankton – 1<sup>st</sup> United Methodist Church
- New Castle – Henry County Pregnancy Center
- Lebanon – Lebanon Church of Christ
- Brownstown – Serenity Closet

**Free Prescription Drug Card** All Indiana residents can receive free drug cards from the free Indiana drug card program. The card will provide substantial pharmacy discounts on prescription drugs and medicines, if used by people at the local pharmacy. There is no cost to using the card and thousands of pharmacies across the state will accept it.

**Women, Infants, and Children (WIC):** WIC is a federally funded nutrition program that helps pregnant moms, new mothers, infants, and children eat well and stay healthy. The Indiana WIC Program currently works with approximately 150 non-profit clinics in all 92 counties to provide Indiana WIC services to applicants.

**Indiana Pregnancy Promise Program** The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past. The program ensures individuals’ privacy and confidentiality. The Pregnancy Promise Program connects individuals to prenatal and postpartum care, other physical and mental health care, and treatment for opioid use disorder. The Pregnancy Promise Program provides support

during the prenatal period and for 12 months after the end of pregnancy. Through these supports and relationships, the Pregnancy Promise Program provides hope to parents and babies and sets a strong foundation for their future. Now offering a child care benefit for all enrollees.

**Indiana's Food Stamp Program** Low income households in Indiana can have their nutritional levels increased with the help of this program that was created for that purpose alone. Call **800-403-0864** to learn more on how to apply.

**Temporary Assistance for Needy Families (TANF)\*\***With the goal to assist Indiana families and single mothers and help them become economically self-sufficient, TANF is an assistance program that provides cash grants, aid, and various supportive services. **800-403-0864**

**Indiana State Law Calls for “Poor Relief”**“Poor relief” is provided to single mothers by Indiana’s 1,000+ towns, local governments and townships following the legislation that has been in effect in Indiana since 1894. Rent help, utility bill assistance, food, housing, and medical assistance are some of the many things included in this relief.

**Head Start** Head Start is a Federal program that aims to enhance the cognitive, emotional, and social development of children from birth to age five from low income families making sure they are school ready. Language, literacy, and social and emotional development are some area where the program can support a child’s growth. The role of parents is emphasized by the program as their child’s first and most important teacher. To find a Head Start or Early Head Start program near you, call **866-763-6481**.

**Indiana Foreclosure Help and Mortgage Assistance** There are different Indiana organizations and programs that can help you with paying your mortgage while at the same time providing resources such as mediation, moratoriums, and free counseling. Adding to this, there are many non-profit agencies that are HUD approved. Hoosiers facing foreclosure, whether immediate or in the distant future, may call a toll-free number, **877-GET-HOPE**.

**Consolidate Debts, Advice for Personal Loans, and Budgeting** There are numerous non-profits spread across the state that can help with paying bills, debts, and other loans, while at the same time credit counselors and other organizations can be called for help. To contact \$0 Debt Goal Inc. call for support or an appointment at **877-376-8070**.

**Emergency Financial Assistance and Referrals in Indiana** With the possibility to refer individuals to government aid, provide emergency rental assistance, money for utilities, food, medications and more, call or stop by your local Salvation Army, a non-profit charity organization.

**Free Legal Aid** Non-profit law firms can help people deal with civic legal cases, while there are programs in Indiana that offer free legal assistance and representation. To contact Indiana Legal Services call **317-631-9410**.

**Government Grants and Employment Programs:** Your community action agency represents a resource if you find yourself needing help finding a job or a new skill, or if you need short term

assistance for basic needs. Transportation, food, emergency cash grants, and job training are some of the things included in the program. WorkOne centers are the ones offering job search, career counseling and other employment resources and it's also where you can participate with a specialist on finding a new job, gaining new skills from training and increasing your education level. To contact the Indiana Department of Workforce Development call **800-891-6499**.

**Indiana Manpower and Comprehensive Training (IMPACT)\*\***In order to help recipients obtain economic self-sufficiency through training, education, job search and placement activities, this program offers a set of services to recipients of Food Stamps and TANF. The Local Office of Family and Children in your county is where you can apply. **855-673-0167** to contact the Division of Family Resources for more information on the program.

**Telephone Assistance in Indiana** A discount on their monthly cell phone or land bills can be offered to low income single moms and those on public aid. A new service for income qualified households can be established with the help of government programs and Lifeline. **888-441-2494**.

**Energy Bill Assistance** There are several different utility and heating bill assistance programs, most of which can provide some form of financial assistance to help the low income and other qualified individuals pay their bills across the whole state of Indiana. Call **317-924-331** to contact Citizen Gas for assistance.