

Right to Life of North Central Indiana

2024 Pregnancy Resource Center Networking Day

Friday, November 1, 2024

Workshop Topics and Presenter Bios

We are excited about the line-up of workshop presenters and topics we are putting together for this year's Pregnancy Resource Center Networking Day. We are bringing back several popular presenters (with new material) from previous years and adding some new ones. Below is the list of presenters and their workshops scheduled to date. We expect to be adding a few more in the next few weeks, including additional medical-related topics.

Workshop Topic – Connecting With Your Hispanic Community

Presenter: Lucas Fonseca – Founder and Director of Language Matters

Workshop Description: Our focus through this training is to equip learners with clear, practical strategies for branding their organization to connect with the Hispanic community. Attendees will walk away with strategies that will allow them to interact confidently with the Hispanic demographic they intend to serve. Participants will walk away with practical knowledge, such as how to create effective promotional materials, and how to make the most out of each interaction. We want this workshop to be informative and practical for you and your team!

Activities:

- 1. Create a flyer:** Attendees work on creating a small flyer that could be used to promote their services to the Hispanic community - We will help them understand what elements are important to consider when promoting to the Hispanic community.
- 2. Spanish greeting:** Attendees will learn how to respectfully greet someone in Spanish and communicate essential information about their services (We will tailor this information to pregnancy centers).
- 3. Plan to attend an event:** Attendees will prepare to attend a Hispanic festival or event where they will think through all that they need to have a booth and effectively reach the Hispanic community.

Bio: Lucas Fonseca founded Language Matters in college in 2018. Since then, he has built an outstanding international team that is highly respected for their work in the community.

Some of his most rewarding projects to date have included work with municipalities, economic development corporations, chambers of commerce, colleges, and nonprofit and for-profit organizations.

In early 2022, Lucas developed a language-access plan for the City of Warsaw, which he continues to implement. He has recently expanded this innovative model to the City of Logansport, Indiana and the City of Marion, Indiana. Lucas is actively connecting with mayors across the state, equipping municipalities to connect with the growing immigrant population.

During his company's six years of operation, his work has also made entrepreneurial programs accessible to Latino business owners and provided interpretation for COVID testing sites. His company was also selected as a 2021 gBETA company at gener8tor, a nationally ranked accelerator. In the same year, Lucas was awarded KEDCO's Rising Leader Award for outstanding leadership in Kosciusko County. In August 2023, the Indiana Economic Development Corporation nominated Lucas for Forbes 30 under 30 North America for his impactful work in the state of Indiana.

Since the onset of the business, Lucas and his brother also co-founded Aiming Toward College: a recruiting agency that helps international students obtain scholarships in the United States.

Workshop Topic – Why Won't You Listen to Me?

Presenter: Stacey Gagnon – RETA CEO

Workshop Description: Communication skills are vital to our ability to connect with others. Often, children and adults with developmental trauma have an inability to appropriately communicate their needs. This leads to challenging behaviors and broken relationships. This class will provide insight into how humans communicate, and how, with some basic understanding, we can learn to have more positive interactions with clients and help them relate more successfully to their children.

Bio: Stacey firmly believes that the right to life extends beyond the womb. Seeing the need to lower infant mortality rates, build stronger brains at the point of conception, and improve the overall physical and mental health of Elkhart's and Saint Joseph's County children, Stacey is dedicated to RETA's mission. Stacey is a passionate advocate for children in the areas of special needs, adoption, and foster care. She has a degree in education and spent seven years in the classroom. Stacey is also a licensed RN and has mostly worked in public health and pediatric mental health.

Workshop Topic – Showing Love and Support for Your Male Clients

Presenter: Jarid Mayo – Care Net's Fatherhood & Family Manager

Workshop Description - Tina Turner once asked, "What's Love Got To Do With It?" The answer: everything! While men can't undergo a pregnancy test and ultrasound, they

play a crucial role in the decision-making process. They contribute 50% to the reasons we have clients. In this session, we will explore practical ways to show love and support to the men who visit our centers.

Bio: Jarid Mayo serves as Care Net's Fatherhood & Family Manager. He works to develop strategies to develop and further enhance fatherhood programs within pregnancy centers across America. He previously started and managed a fatherhood program at 9 pregnancy centers in Ohio, serving almost 2,500 fathers! Jarid enjoys music, personal training & comic books. He's been married to the lovely Jennifer for 17 years.

Workshop Topic – Post Traumatic Growth

Presenter: Dr. Adam Dell

Workshop Description: The possibility of healing on the other side of harm. Insights from psychology and 20 years of clinical experience.

Bio: Dr. Adam Dell is board certified in clinical Psychology. He is husband to Janine and Father to two daughters. He and his wife were foster parents in three states over the course of 6 years. He served nearly 7 years as an active-duty psychologist in the United States Air Force and an additional 4 years as the Director of Emotional well-being at the University of Notre Dame. He currently services hospitals throughout Northwest Indiana and maintains a small private practice.

Workshop Topic – Sexual Risk Avoidance Programming

Presenter: Cheryl Labelle – Education Director for Clarity of Central Indiana

Workshop Description: Sexual Risk Avoidance (SRA) is an established health model used to promote wellness and eliminate risk through primary sex education prevention. Extensive research shows that SRA programs significantly impact positive teen behavior changes which lead to healthier outcomes. Benefits include delaying sexual initiation, discontinuing sexual activity if already initiated, better academic outcomes, and less likely to participate in other risk behaviors.

In this workshop Cheryl LaBelle will guide participants through the main concepts of SRA Education that create protective factors in teens. Topics include holistic optimal health, benefits of abstinence, the success sequence, healthy relationships, risk behaviors, and tools that equip teens. She will also use short segments from the *I Decide For Me* curriculum to demonstrate how these concepts can be taught to students in the classroom. There will be time for participants to ask questions. Information will be provided for those interested in growing their PRC in the SRAE field.

Bio - Cheryl LaBelle is a graduate of Concordia University, Chicago where she received her certification as a Director of Christian Education. She continued her studies at Concordia University, Nebraska to attain a Master's of Science in Family Life. She

currently serves as the Education Director for Clarity of Central Indiana and is a certified Sexual Risk Avoidance (SRA) Specialist. Having lived through the challenges of being the daughter of a single teen mom, Cheryl is passionate about helping youth make healthy choices for their successful future. She works with an amazing group of women who have collaborated their experience, knowledge in the SRAE field and outside research to build the evidence supported curriculum *I Decide For Me*. She is a wife, a mom of three teenagers, and has experience working with youth for more than two decades.

Workshop Topic – Adoption as an Option

Presenter: Jocelyn Wallace

Workshop Description: The staff at pregnancy resource centers are enthusiastic about preserving life for both moms and babies but may feel ill equipped to talk about adoption as a viable option in unplanned pregnancy situations. In most cases, adoption is almost always seen as the least desirable option when an expecting mom is faced with an unplanned pregnancy, often even more undesirable than abortion. This workshop is designed to help you skillfully present the pros and cons of both parenting and placing a child for adoption, so the mother can make the best decision for everyone involved. The workshop will discuss grief in adoption, non-coercive options counseling, and counseling skills recommendations.

Bio: Jocelyn Wallace is an author, conference speaker, and biblical counselor with 25 years of experience serving hurting women with hope and help from God's Word. She was formerly the Executive Director of Rainbow Haven Transitional Housing Center in Frankfort, Indiana and Vision of Hope Residential Treatment Center in Lafayette, Indiana. She currently serves as the Director of Development at Gifts of Grace Adoption Support Center in Lafayette, Indiana. Jocelyn has been a certified biblical counselor with ACBC since 2006 and is the co-host of the Joyful Journey Podcast.

Workshop Topic – Chemical Abortion and Abortion Pill Reversal

Presenter: Dr. Donna Harrison

Workshop Description: This workshop will cover the issues related to chemical abortions and the opportunities with abortion pill reversal.

Bio: Dr. Donna Harrison is a physician, board-certified in obstetrics and gynecology. She is currently serving as Director of Research for the American Association of Pro-Life Obstetricians and Gynecologists, the largest non-sectarian pro-life physician organization in the world, with over 6,000 members across the United States, and associate members worldwide. Under her leadership as past CEO, AAPLOG doubled membership, launched the annual Matthew Bulfin Educational Conference, developed an up-to-date website and

social media presence, and launched systematic outreaches to the medical, legal and policy communities to discuss the effects of abortion on women.

Dr. Harrison's research interests include Selective Progesterone Receptor Modulators, Endometrial Contraception, Maternal mortality, and Abortion Mortality and Morbidity. She has authored peer reviewed papers on the approval of RU-486 and on Ulipristal (Ella) as well as on the embryocidal potential of hormonal contraception. Dr. Harrison is a Continuing Medical Education Speaker in the United States and internationally on topics of Medical Abortion with Mifepristone and Misoprostol, Emergency Contraception with Ulipristal, Maternal Mortality, and Abortion Morbidity.

She is an Adjunct Professor at Trinity International University in Deerfield, IL, teaching post-graduate seminars at the annual Center for Bio Ethics and Human Dignity summer workshops. She is Associate Editor of the peer-reviewed medical journal, "Issues in Law and Medicine".

Dr. Harrison is married to Dr. Mark Harrison M.D., and is the mother of 5 children and 12 grandchildren.

Workshop Topic – Adoption Research

Presenter: Mary Williams – Indiana Right to Life

Workshop Description: *Indiana Right to Life's* mission, in loving pregnant mothers and protecting unborn babies, is in its second phase of conducting its Adoption Research Project, with the goal of expanding our work in promoting the acceptance and favorability of fostering and adopting.

The research currently being done is needed to find the best ways of supporting and enabling pregnant women who are considering abortion, instead, to pursue the option of adoption.

The data gleaned from the research will be shared during this workshop session, providing a brief overview of the information pertaining specifically to pregnancy resource centers and maternity homes.

Once both phases of the project are completed, briefings will be conducted throughout the state of Indiana, focused on educating and creating a significant base of awareness in expanding adoption opportunities for those who come into crisis.

Workshop Topic – Fund Raising

Presenter: Richard (Dick) Armington – Executive VP-Advancement Director for RETA (Reason Enough to Act)

Workshop Description: This class will discuss the two most fearful and/or loathed words in the non-profit world, yet a necessary evil for sustainability - Fund Raising. You should expect to come away with some strategic, yet mostly common-sense best practices for donor development in addition to reducing, if not eliminating the stigma that comes with “Fund Raising.”

Participants will:

- Understand the motivation behind why people give.
- Strengthen donor acquisition and retention skills.
- Explore strategies to reach financial sustainability in your nonprofit.

Bio: Richard (Dick) graduated from Bethel University, Mishawaka, Indiana with a degree in secondary education. Dick taught and coached high school for four years before embarking on a business career that included positions in sales, sales leadership, leadership training as well as serving as President and CEO of four organizations.

After a mission trip to Honduras during the middle of his business career, God called Dick to Compassion International where he became the National Director of Donor Development. Dick has participated and led over 30 mission trips to Honduras, Haiti, The Dominican Republic, Ecuador, Peru, India, and Kenya with many of these being donor related.

Dick is currently the Executive Vice President-Advancement Director for RETA (Reason Enough To Act), a Pregnancy Resource Center located in Elkhart, Indiana. Reta offers full medical services via a Nurse Practitioner, licensed mental health counseling, family store resources, food, clothing, men’s and women’s coaching and one-on-one mentoring in addition to other services that affirm life and help build Christ-centered families.

Dick is married to Deb, his college sweetheart. They have four adult children, three of which are married and have blessed Dick and Deb with ten grandchildren: five girls and five boys, ages 12 to twin 2-year-old girls.